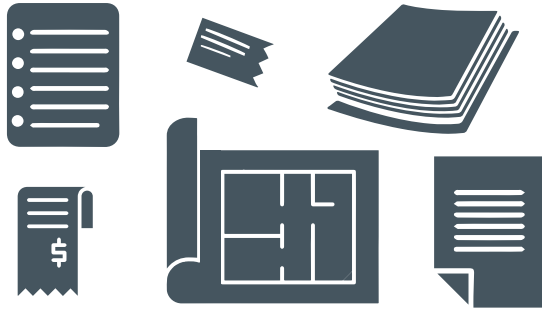


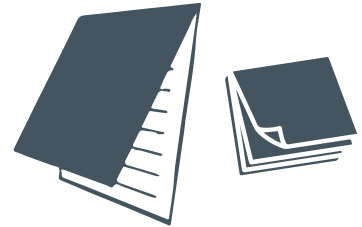
WHAT'S ACCEPTED? ✓

SEAM accepts various types of paper for shredding and recycling:



Office, Mixed & Cardstock Paper

- All Grades/Colors OK - Staples and Paperclips OK -
 - Remove Clamps, Binders, Binding -
- (copier, computer, fax, ledger, stubs, lottery tickets, carbonless forms, newspaper, road maps, blue prints, drawings, etc)



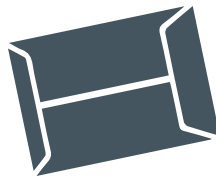
Notepads/Sticky Notes

- Remove Metal or Spiral Bindings -
- (post-it notes, legal pads, etc)



Paper Ream Wrappers

(copier, office, colored, etc)



Envelopes

- Windows, Labels, and Stamps OK -
- (regular #10, window, kraft, brown, white, etc)



Small Paper Tape/Rolls

- Remove Plastic or Metal Reels/Cores -
- (adding machine, calculator, cash register, receipts, thermal paper, etc)



Paper File Folders

- Remove Metal Hangers - Soft Tabs OK -
- (manila, accordion, etc)

Destruction fees apply for all shredding services. Contact SEAM if there are any questions about acceptance of materials.